## **CLAIMS**

- 1. A delivery catheter, comprising:
  - (a) a first elongated member defining a first distal opening and a first lumen extending within the first elongated member, the first elongated member for delivering a first material through the first lumen and into a distal section of the first lumen near the first distal opening; and
  - (b) a second elongated member comprising a distal valve and a second lumen extending within the second elongated member, the second elongated member for delivering a second material through the second lumen and the distal valve, at least a portion of the second elongated member being slidably disposed within at least a portion of the first lumen such that the distal valve is selectively slidable
    - (i) to allow delivery of the second material through the second lumen and the distal valve and into the distal section, and
    - (ii) to push at least some of the first and second materials from the distal section and out of the first distal opening.
- 2. The catheter of claim 1 wherein the distal valve comprises a one-way flow-control valve.
- 3. The catheter of claim 2 wherein the one-way flow-control valve comprises a slit that opens and closes upon pressure differentiation between the second lumen and the distal section to regulate delivery of the second material into the distal section.
- 4. The catheter of claim 3 wherein the slit opens to a size of about 0.00001 mm<sup>2</sup> to about 100 mm<sup>2</sup>.

- 5. The catheter of claim 1 wherein one of the first and second lumens has a diameter of about 0.001 mm to about 20 mm.
- 6. The catheter of claim 1 further comprising:
  - (c) a first pump connected to the first elongated member for delivering the first material into the first lumen; and
  - (d) a second pump connected to the second elongated member for delivering the second material into the second lumen.
- 7. The catheter of claim 6 wherein each of the first and second pumps comprises a syringe.
- 8. The catheter of claim 1 wherein the first elongated member further defines a first proximal port, and the second elongated member further defines a second proximal port.
- 9. The catheter of claim 8 further comprising an access joint between a first proximal joint and the first distal opening, the access joint allowing insertion of the at least a portion of the second elongated member into the at least a portion of the first lumen.
- 10. The catheter of claim 9 wherein the access joint is Y-shaped.
- 11. The catheter of claim 9 wherein the access joint is T-shaped.
- 12. The catheter of claim 1 further comprising a stabilizer to keep the second elongated member substantially co-axial with the first elongated member.
- 13. The catheter of claim 12 wherein the stabilizer comprises two or more legs peripherally placed between an annular wall of a distal segment of the first elongated member and an annular wall of a distal segment of the second elongated member.
- 14. The catheter of claim 1 wherein the selectively slidable distal valve is alternatively positionable outside the first lumen and outside the first distal opening.

- 15. The catheter of claim 1 wherein at least one of the first and second elongated members has a length from about 1 cm to 3 m.
- 16. A method for delivering an extrudable material within a body of a mammal, the method comprising the steps of:
  - (a) providing a delivery catheter, the delivery catheter comprising:
    - (1) a first elongated member defining a first distal opening and a first lumen extending within the first elongated member, the first elongated member for delivering a first material through the first lumen and into a distal section of the first lumen near the first distal opening; and
    - (2) a second elongated member comprising a distal valve and a second lumen extending within the second elongated member, the second elongated member for delivering a second material through the second lumen and the distal valve, at least a portion of the second elongated member being slidably disposed within at least a portion of the first lumen such that the distal valve is selectively slidable
      - (i) to allow delivery of the second material through the second lumen and the distal valve and into the distal section, and
      - (ii) to push at least some of the first and second materials from the distal section and out of the first distal opening; and
  - (b) extruding a fibrous material out of the distal section and into the body of a mammal.
- 17. The method of claim 16 wherein step (b) comprises

- i. delivering the first material comprising a crosslinking agent to the distal section through the first lumen; and
- delivering the second material comprising a crosslinkable polymer to the distal section through the second lumen, thereby forming a fibrous material in the distal section.
- 18. The method of claim 16 wherein the distal valve comprises a one-way flow-control valve.
- 19. The method of claim 17 wherein the first material surrounds the second material when the second material enters the distal section.
- 20. The method of claim 18 wherein step (b) comprises cutting the fibrous material by operating the valve.
- 21. The method of claim 17 further comprising the step of:
  - pushing the fibrous material out of the distal section by sliding distally and longitudinally the distal valve into the distal section.
- 22. The method of claim 18 wherein step (b) comprises terminating the delivery of either the first material or the second material thereby terminating formation of the fibrous material.
- 23. The method of claim 17 wherein at least one of the first and second materials further comprises a bioadhesive agent.
- 24. The method of claim 23 wherein the bioadhesive agent is selected from a group consisting essentially of collagen, laminin, fibronectin, poly-D-lysine, poly-L-lysine, decapeptides.
- 25. The method of claim 17 wherein the crosslinking agent comprises an ionic crosslinker.

- 26. The method of claim 25 wherein the crosslinking agent comprises a polycationic crosslinker.
- 27. The method of claim 26 wherein the polycationic crosslinker comprises a calcium ion.
- 28. The method of claim 17 wherein the crosslinkable polymer comprises an alginate.
- 29. The method of claim 16 further comprising the step of positioning the distal section of the catheter within the body of a mammal.
- 30. The method of claim 17 wherein the steps of delivering the first and second materials are sustained so as to form a fibrous material within the distal section and extrude the fibrous material out of the distal section and into the body of a mammal.